



**Many Hands Organic Farm and
Sustainability Center**
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Fresh Greens with Garlic and Oregano

From Nina Marcinowski

Ingredients:

- 10 cups coarsely chopped greens (chard, spinach, Asian greens)
- 1 teaspoon olive oil
- 1 to 2 minced garlic cloves
- 2 teaspoons chopped fresh oregano
- Pepper
- 2 teaspoons red wine vinegar

Directions:

1. Rinse greens and drain. Sauté garlic in oil 1 minute, add greens, cover and cook till wilting starts.
2. Add oregano and pepper cook another 5 minutes covered.
3. Remove from heat and stir in vinegar.