



**Many Hands Organic Farm and
Sustainability Center**
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Fried Garlic Scapes

From Nina Marcinowski

Ingredients:

- Garlic scapes
- Butter
- Salt
- Balsamic vinegar

Directions:

1. Cut scapes to green bean size and sauté them in butter and salt for six to eight minutes.
2. During the last minute of cooking add about 1 teaspoon of balsamic vinegar.