

Many Hands Organic Farm and Sustainability Center Julie Rawson and Jack Kittredge 411 Sheldon Road Barre, MA 01005 (978) 355-2853 - Home (978) 257-1192 - Cell Farm@mhof.net

Garlic Cucumber Sauce

from Nina Marcinowski

Ingredients

- 1 cup plain yogurt
- 3 cloves of garlic pressed
- 1 cucumber seeded, chopped fine
- 1 teaspoon chopped dill

Directions:

1. Mix well.

Great with grilled meats. Can also be made with mint instead of dill.