



## Current Availability List

Email your order to [julie@mhof.net](mailto:julie@mhof.net) or call (978) 355-2853.

Updated March 2020

### Meat

Product name	Unit and pricing	Available to ship	Notes
Lard, Frozen	\$20/quart	Yes, fall-spring. We prefer not to ship in summer.	Your best source of Vitamin D and a great cooking fat with its higher combustion. Made with the fat back and leaf lard from our Certified Organic pigs, rendered on our wood cook stove. We ship frozen lard in clear quart containers, packed in insulated boxes sized to contain 1 to 4 quarts. We charge \$5.00 for the box and shipping supplies plus USPS priority mail shipping fees. It is most economical to order lard in quantities of 4 quarts.
Pork Chops Frozen	\$10/lb.		2½ -3 lb. packages, 2 chops per package.
Pork Ribs, Frozen	\$10/lb.		
Pork Roasts, Frozen	\$10/lb.		3 – 4 lbs. each.
Pork Stock, Frozen	\$7.50/quart		An excellent source of collagen and the basis for a wonderful soup.
Turkey, Frozen	\$6/lb.		We have one 21 pound bird in stock. We raise broad breasted white turkeys from Bob's Turkey Farm in Lancaster. We regularly hear two things from customers – "the best turkey I ever ate" and "it cooked faster than ever before".

### Preserves

Product name	Unit and pricing	Available to ship	Notes
Applesauce, Frozen	\$6/quart		Made from our Certified Organic fruit.
Peaches, Frozen	\$12/2 lb. bag		Made from our Certified Organic fruit.

### Body Care

Product name	Unit and pricing	Available to ship	Notes
Salve, Comfrey	\$8 for a 2oz. jar	Yes	Julie's go-to salve for all sorts of hurts and abrasions.
Soap, Lavender	\$6/bar	Yes	Made from our own lard and tallow.
Soap, Peppermint	\$6/bar	Yes	Made from our own lard and tallow.